



# RELIANCE

**Optimal silica pore size for  
essential oil encapsulation**

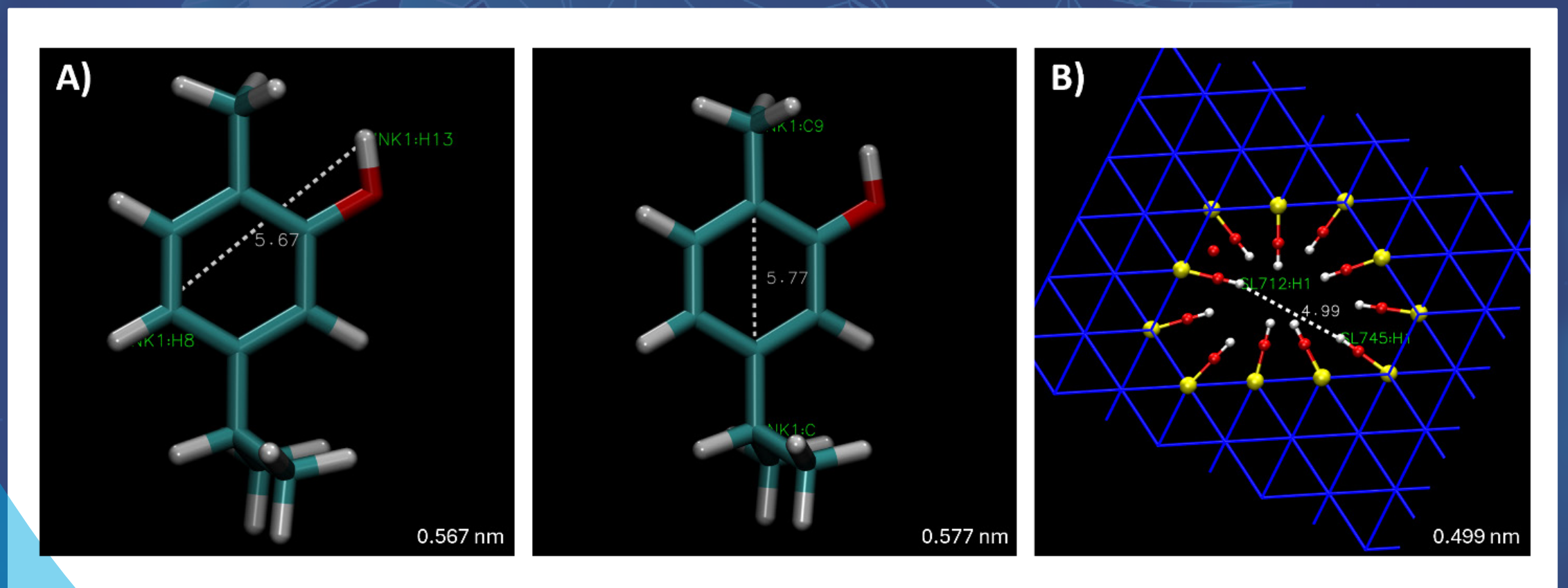
**Silica pores of 3-4 nm enabling  
efficient encapsulation and  
release of carvacrol, guiding  
optimal design of mesoporous  
silica delivery systems**



UNIVERSITY OF  
**PATRAS**  
ΠΑΝΕΠΙΣΤΗΜΙΟ ΠΑΤΡΩΝ

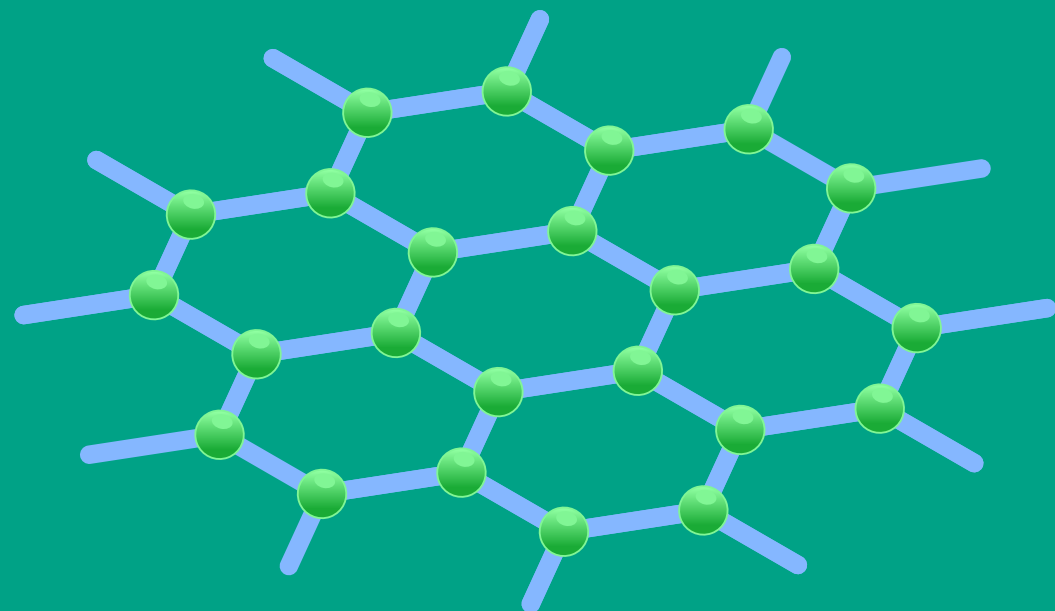
# The Challenge

To obtain first proof for the transferability,  
repeatability and scalability of the manufacturing  
process of antimicrobial mesoporous silica  
nanoparticles



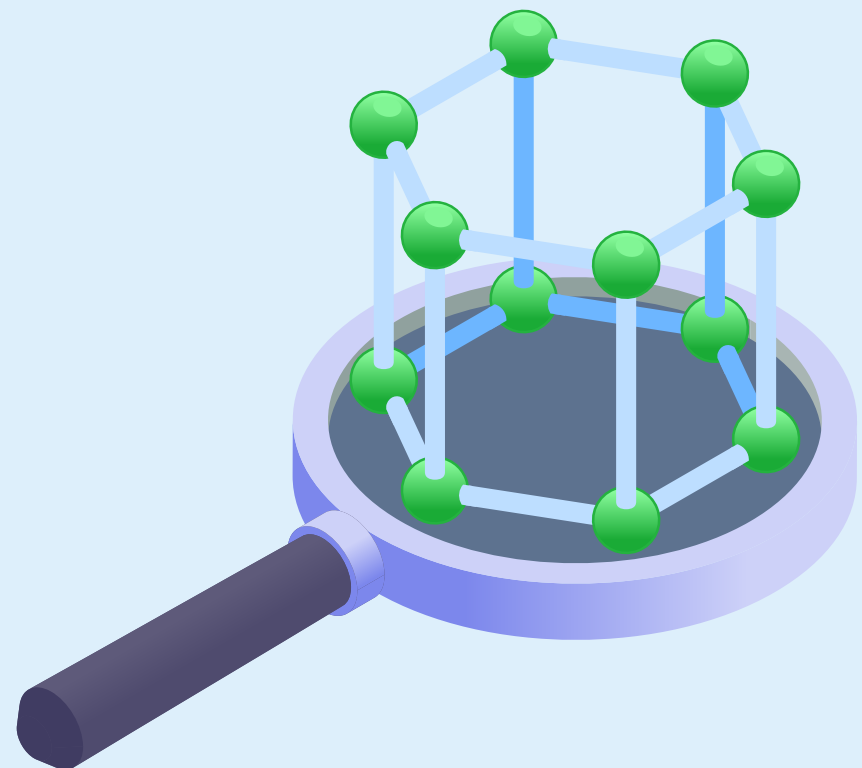
# The Achievements

- Evaluated carvacrol behavior in silica pores of 1-4 nm diameter through molecular simulations
- Very small pores cannot accommodate molecules and prevent their release
- Silica pores  $\geq 3$  nm allow encapsulation, mobility and release



# Key Conclusions

- 1 nm pores are too small to accommodate carvacrol
- 2 nm pores confine molecules, limiting their release
- 3-4 nm pores enable efficient loading and molecular mobility



# Recommendations

**For material design:**



**Tune pore size to control release rate**



**Avoid pores smaller than 2 nm for essential oil delivery systems**

# Who is this result for?

- **Nanomaterial developers**
- **Antimicrobial coating manufacturers**
- **Food packaging industries**
- **Researchers working on nano-delivery systems**



# Long-term Impact



**Optimizing pore size improves the delivery of natural antimicrobial compounds and supports the development of smart antimicrobial delivery systems**



# RELIANCE

**Visit our website:**



**reliance-he.eu**

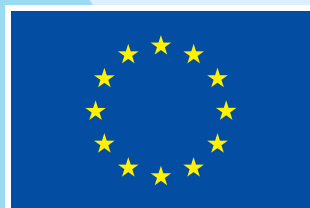
**Follow us:**



**reliance-he-project**



**@reliance\_he**



**Funded by the  
European Union**

Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HADEA). Neither the European Union nor the granting authority can be held responsible for them.